

# Four Corner's LETR Polar Plunge



## Registration Form

Bring this sheet completed and signed (front & back!) to the Plunge on Saturday, January  
Please print clearly.

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

Team Name: \_\_\_\_\_

(If Applicable)

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: (    ) \_\_\_\_\_ DOB: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

**Polar Plunge**

**Too Chicken to Plunge?**

(Hang out in the Chicken Coop!)

1st year     2nd year     3rd year     4th year     5th year

All plungers & chickens must collect a "bear" minimum of \$100 in pledges each (\$50 for kids 10 & under.)

Plungers must be in good health and free of heart conditions ❄️ All plungers must sign a waiver or have a parent/guardian signature (on back) ❄️ Shoes are required during the plunge ❄️ Diving headfirst is not permitted ❄️ No Pushing! All participants must enter the water of their own volition ❄️ Please do not enter the water until asked to do so ❄️ Participants will plunge their willing bodies into the water ❄️ No dry suits or wet suits. Participants may smear their body with a liberal coating of bear fat (Note: This may negatively impact your social standing.) ❄️ No "endurance" contests will be permitted. Participants must jump in and get out ❄️ Yelling is optional ❄️ Prizes will be awarded to the top fundraiser's and costume contest winners.

For questions or further information on registration and the plunge:

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