

NEWS LETTER

SPCC
Sycamore Park
Community Center

January 2019

HOURS: MON-FRI, 8AM TO 8PM
SAT, 10AM TO 6PM

SYCAMORE PARK COMMUNITY CENTER
1051 SYCAMORE STREET | 505.566.2480

Thank you!

We wish to thank the following for their recent contributions to SPCC:

- Dona Kerr
- George Golombowski
- Eric Freeland
- Chris Hampton
- KOB-TV
- KWYK

We wish to thank the following volunteers for making SPCC an ongoing great success:

- Dona Kerr
- George Golombowski
- Floread Hodgson
- Katrina Uptain
- Katrina Bryant
- Calvary Chapel Farmington
- Hannah Soukup
- Alyssa Carpenter
- Rick Griffiths
- FHS Senate
- Dreamweaver's 4H



January Programs

www.facebook.com/SycamoreParkCommunityCenter

Youth Dance Class:

Join Hannah and Alyssa again this year for our youth dance program. This is a beginning dance class where you will learn basic dance steps and have a lot of fun preparing for the Spring Dance Recital. You must register for this class, and attend all sessions due to recital preparation, if you miss three classes, you will be removed from the class roster. There is a maximum limit of 12 students per session. Please contact Sycamore Park Community Center with any questions, 566.2480. Register at: www.fmtn.org/webtrac. Ages 5-8 have 4pm, 4:30pm, and 5pm session options, ages 9 and up have class from 5:30pm-6:15pm.

First Tee Drive Program:

We are excited to begin a new golf program for kids in conjunction with the First Tee San Juan County. This free program is offered on Monday's at 3pm throughout the school year.

Soil to Spoon:

Join us on Thursday's at 3:30pm for this fun new program. This is a great opportunity to learn about conservation and food in our community.

Keep It Clean:

Farmington Clean and Beautiful will be holding free, educational activities on Monday, January 14th from 3:30-4pm. This class happens every month on the second Monday and provides information, games and activities related to keeping our community environment clean and healthy-don't miss it!

Do you want to help us and the environment?

We are in need of toilet paper rolls, paper towel rolls, egg cartons, wire hangers, vegetable cans, and jars. Please make sure the items are clean. These items will help us provide fun craft projects this spring!

Evening Meal Program:

Each evening Monday through Friday, we partner with Farmington Municipal Schools to offer an evening meal program for children 18 years old and younger from 4-5pm.

Swim Shuttle:

The swim shuttle will be going to Farmington Aquatics Center on January 23rd from 4-7 PM. Entry fees are \$2 per person on Wednesday's. All participants must have a signed permission slip to join in the fun. Please remember that basketball shorts are not allowed, you must have proper swimwear.

Rock N Roller Rink Field Trip:

We will take a trip to Rock N Roller Rink from 6-8 PM on February 5th. Fees are \$5 to get including skates. Personal skates are allowed at Rock N Roller Rink. All participants must have a signed permission slip to attend.

Daily Activities:

Check out our daily activities schedule for January they include crafts, mystery activities, dodgeball, outdoor recreation activities, swim shuttles, field trips and more. Come hang out at the community center we will have fun activities for kids of all ages! Do not miss out!

Wednesday Dodgeball:

Dodgeball will be at 4 PM every Wednesday. Put your game face on and come have some fun, open to all ages. We have set aside a special time for teens to play each week from 5-6 PM.

Basketball Open Gym:

On Tuesday's and Thursday's from 6-8 PM the Harv Henry Gymnasium at SPCC is reserved for pick-up basketball. There is no cost to participate. Come have some fun and get some exercise!

Do you save Box Tops?

Please save your box top labels that can be found on office supplies and all General Mills foods. Bring them to the community center to help us earn free recreation supplies! Please call us with any questions at 566.2480.

Disc Golf in the Park:

The San Juan Basin Disc Golf Club will be at Sycamore Park on the third Thursday of the month at 9am to play disc golf, rain, snow, sleet, or shine. Bring your discs and join in on the fun! Upcoming dates: January 17th and February 21st.

Senior Fitness:

Senior Fitness will be offered at Sycamore Park Community through the ENCORE program at San Juan College on Monday's, Wednesday's and Friday's from 9-10 AM. Contact Sycamore Park Community Center at 505.566.2480.

Community Line Dance Class:

Floread Hodgson is teaching a free line dancing class each Tuesday from 6-7:30pm. You will enjoy learning different line dances and have a lot of fun along the way!

Yoga with Carla:

Join us for a thirty-minute beginning yoga class on Monday's, Wednesday's, and Friday's at noon, with Carla Martin. Bring a water bottle and yoga mat if you have one. Vinyasa and Hatha yoga styles will be used.

ICAN FREE Cooking

Demonstrations:

San Juan County Cooperative Extension will be hosting cooking demonstrations this year for adults. Demonstrations will be held every other Wednesday at 10am. All materials, recipes and supplies will be provided.

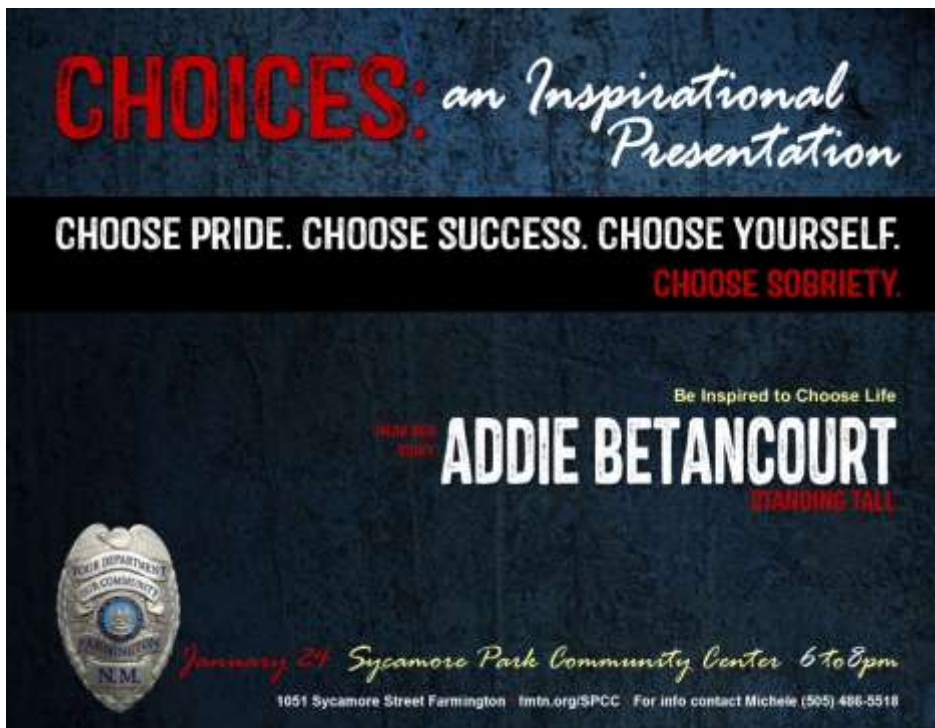
Essential Oils:

Renee Quesada is volunteering to provide education on essential oils. Come every other Wednesday at 10am and learn about fast acting, highly effective, inexpensive, all natural alternatives that you can use at home.

FARMINGTON
Jolt Your Journey™

Upcoming Special Events

www.facebook.com/SycamoreParkCommunityCenter



Daddy Daughter Ball DDBALL19

Saturday, February 16

6:00pm-8:00am

Farmington Civic Center

All ages

Show the young lady in your life just how important she is by inviting her to a special evening at the Farmington Civic Center. The early evening will be full of dancing, refreshments, complimentary photos, and something special for the ladies. So put on your dancing shoes, let your little girl get all dressed up and take her on a Daddy Daughter date to remember! The theme this year is Under the Sea, colors being fuchsia, blue, lime green and white. Tickets are \$8.00 per person and must be purchased in advanced. **This is a sell out event.** They can be purchased at www.fmtn.org/webtrac. This special event will take place Saturday, February 16th from 6-8 PM.

Mother Son Dodgeball & Ice Cream Sundae Bar MSDBALL19

Saturday, March 2

1:00pm-3:00pm

Sycamore Park Community Center

All ages

Moms and Sons, are you ready for the annual Dodgeball Tournament and Ice Cream Sundae Bar? Join us on Saturday, March 2nd from 1-3PM. This is an event especially for mothers and sons to build memories that will last a lifetime. This year's theme is a Luau. Tickets are \$8 per person, which includes dodgeball, ice cream, and a picture to cherish for years to come. Please purchase tickets in advance at www.fmtn.org/webtrac. **This is a sell out event.**

Mother Daughter Tea Party

May 18, 2019

10:00am – 12:00pm

Sycamore Park Community Center

Tickets on sale April 1, 2019. This is a sell out event!



For more photos follow us on Instagram at [SycamoreParkCommunityCenter](https://www.instagram.com/SycamoreParkCommunityCenter)



For great information, photos, and schedules... "Like" Us on Facebook at... www.facebook.com/SycamoreParkCommunityCenter

#joltyourjourney #playfarmington #livefarmington #spcc #FUN